

Using smartphones while driving causes serious accidents.

边开车边使用手机会引发严重事故。



Using a smartphone while walking is also dangerous!  
走路看手机也很危险!!



**Don't be distracted by your smartphone!**

**不要一边做其他事一边使用手机!**



Look out!  
危险!!



Using a smartphone while driving a vehicle or riding a bicycle is prohibited by law.

无论开车还是骑自行车，法律上都禁止“分心使用手机”。

\*Even if you are not holding your smartphone, it is an offence to concentrate on the screen while driving.

※即使没有把手机拿在手里，驾驶中盯着屏幕也是被禁止的。

National Police Agency/  
Prefectural Police  
警察庁・都道府县警察

交通ルールを守って  
つながる笑顔



# An increasing number of accidents involving death or serious injury are caused by smartphone distraction! “分心使用手机”引发的死亡和重伤事故不断增多!



## Traffic accidents caused by vehicle drivers 机动车驾驶人员引发的交通事故

In 2024, **136 accidents** involving death or serious injury were caused by drivers who were distracted by smartphone use, which is **the highest number since 2014**, and such accidents are being caused regardless of the driver's age. What's more, **the rate of fatal accidents was approximately 3.7 times higher than with drivers who were not distracted by using smartphones**. Operating a smartphone or looking at the screen can lead to a fatal accident in a split second (see the following graphs).

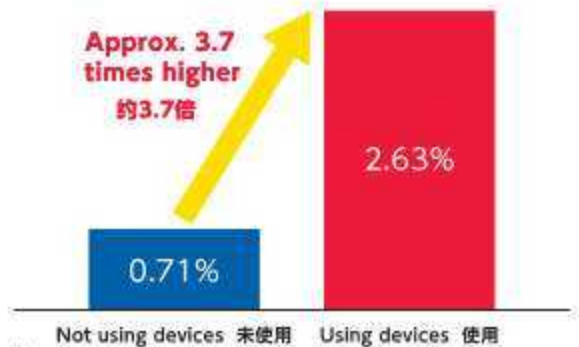
2024年，机动车驾驶人员“分心使用手机”引发的死亡和重伤事故达**136起**，是**2014年以来事故最多的一年**，且不分年龄，各个年龄段都会引发死亡和重伤事故。另外，“分心使用手机”引发的事故死亡率约为不使用手机时的**3.7倍**，在操作手机等或看屏幕的瞬间就可能引发死亡事故（参见图表）。

**Number of accidents involving death or serious injury caused by smartphone distraction**  
“分心使用手机”引发死亡和重伤事故的数量走势



Notes:  
- Number of accidents denotes those in which the primary party was driving a vehicle (passenger vehicle, cargo vehicle, special-purpose vehicle).  
- Number of accidents denotes an aggregate for those in which the use of cell phones, smartphones, etc. was the primary cause.  
(注) - 第一当事人为机动车(轿车、货车、特殊车辆)的事故数量。· 因使用手机等引发事故的统计。

**Comparison of rate of fatal accidents depending on the use or otherwise of cell phones, etc. (Totals from 2020 to 2024)**  
按是否使用手机等分类的事故死亡率对比 (2020年至2024年合计)



Note:  
Rate of fatal accidents denotes the percentage of fatal accidents among all traffic accidents.  
(注) “事故死亡率”指发生交通事故中死亡事故所占的比例。

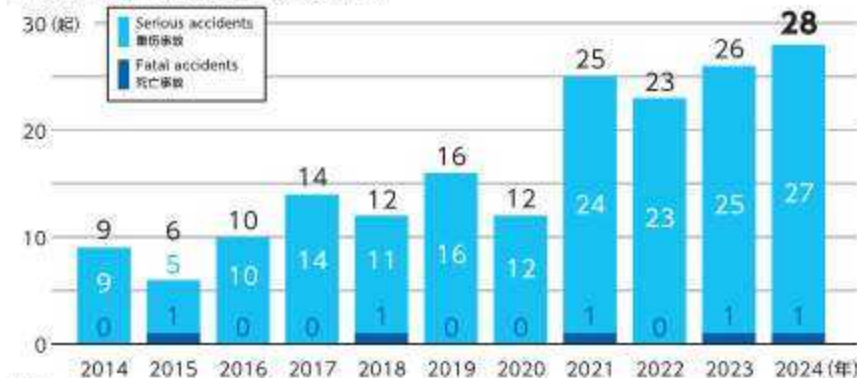


## Traffic accidents caused by cyclists 骑车人员引发的交通事故

In 2024, **28 accidents** involving death or serious injury were caused by cyclists who were distracted by smartphone use, which is **the highest number since 2014**, and in terms of age, **cyclists aged 19 or under accounted for approximately 60% of those accidents** (see the following graphs).

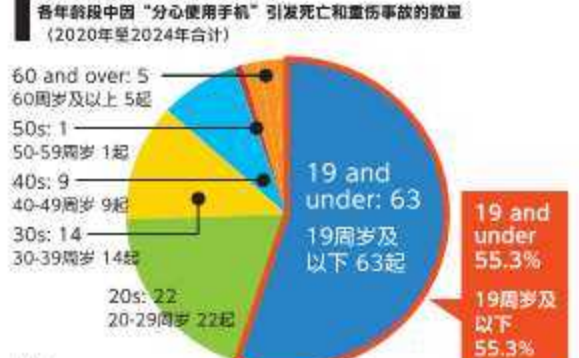
2024年，骑车人员“分心使用手机”引发的死亡和重伤事故达**28起**，是**2014年以来事故最多的一年**。各年龄段中，**19周岁及以下约占六成**（参见图表）。

**Number of accidents involving death or serious injury caused by smartphone distraction**  
“分心使用手机”引发死亡和重伤事故的数量走势



Note:  
Number of accidents denotes an aggregate for those in which a cyclist was the primary or secondary party, and their using a cell phone, smartphone, etc. was the primary cause.  
(注) 在自行车为第一或第二当事人的事故中，骑车人员使用手机等引发事故的统计。

**Number of accidents caused by smartphone distraction and involving death or serious injury (by age group)**  
(Totals from 2020 to 2024)



Note:  
Aggregates are categorized based on the cyclist's age (primary/secondary party).  
(注) 按骑车人员(第一/第二当事人)的年龄段分类统计。

### Penalties, etc. 处罚等规定

	Penalty 处罚规定	Fine 罚款	Penalty points on driver's license* 分数*
When using a cell phone, etc. to make a call or holding it to look at the screen 使用手机等通话或手持手机盯着屏幕时	Up to 6 months' imprisonment or a fine of up to ¥100,000 6个月及以下拘役或10万日元及以下罚款	Large vehicle: ¥25,000; normal vehicle: ¥18,000; motorcycle: ¥15,000; scooter: ¥12,000; bicycle: ¥12,000 (from April 1, 2026) 大型车25000日元，普通车18000日元，摩托车15000日元，轻型摩托车12000日元，自行车12000日元 (2026年4月1日起)	3 3分
Cases in which danger to traffic (traffic accidents, obstructing pedestrians, etc.) is caused by the above-mentioned behavior, or by concentrating on the screen of a cell phone, etc. that is not being held in the hands 因上述行为或非手持手机等盯着屏幕而引发交通危险(交通事故、妨碍行人等)时	Up to 1 year's imprisonment or a fine of up to ¥300,000 1年及以下拘役或30万日元及以下罚款	Not applicable 不适用	6 (license suspended) 6分 (暂扣驾照)

\*Offences due to cycling do not incur penalty points on a driver's license. ※对自行车违反不加算分数。